

RAF BRIZE NORTON INFORMATION HANDBOOK





The Duke of York's Royal Military School

A co-educational boarding school for students aged 11-18

Welcoming students from Forces families since 1803

Outstanding facilities, an all-round education and rich heritage. There are many reasons to consider the Duke of York's Royal Military School, says Principal Alex Foreman.

The country's only state full-boarding school, the Duke of York's Royal Military School, offers an affordable option for parents seeking a boarding school with high standards of education.

Set on top of the renowned White Cliffs of Dover, the school's 150-acre parkland estate offers unrivalled facilities and a wide breadth of opportunities for its students. Open to 11-18-year-olds, the school is based on an independent-style model with Saturday morning lessons and co-curricular activities throughout the week.

Inclusive Boarding Fees

Welcoming students from Forces families since 1803, The Duke of York's Royal Military School is committed to supporting the British Forces and is sponsored by the Ministry of Defence. In recognition of this, parental contribution for those eligible for the Continuity of Education Allowance is only £506 per term (£1,517 per annum).

Academic Focus

Students at The Duke of York's Royal Military School make outstanding progress academically. At our top performing school, students from Forces families achieve over 70% of a grade higher than the national average. We also pride ourselves on offering outstanding pastoral care, ensuring that students feel relaxed and happy in their boarding houses.

A Unique Education

Set within 150 acres of Kent countryside near Dover with unrivalled facilities, students enjoy a unique blend of academic achievement and an active lifestyle with sport, music and drama. Sports facilities include an Olympic standard floodlit athletics track, a floodlit all-weather hockey pitch, state-of-the-art strength and conditioning gym suite, dance studio with harlequin floor, and a six-lane indoor heated swimming pool.

Outstanding Destinations

In 2023, 83% of students went onto university, many of which were Russell Group, while others joined professional apprenticeships and employment; 6% of students went on to join the Armed Forces.

The school treat every day is an open day, to book a personal tour contact the Admissions Team: 01304 245073 or admissions@doyrms.com



Welcoming students from Forces families since 1803

The Duke of York's Royal Military School is committed to supporting the British Forces and is sponsored by the Ministry of Defence. In recognition of this, parental contribution for those eligible for the Continuity of Education Allowance is only £506 per term (£1,517 per annum).

Students make outstanding progress academically, students from Forces families achieve over ¾ of a grade high than the national average. Our full-boarding community, offering continuity of education, is home to over 200 students from Forces families. We pride ourselves on offering outstanding pastoral care, ensuring students feel relaxed and happy in their home away from home.

www.doyrms.com | admissions@doyrms.com | +44(0)1304 245073



"My advice for anyone looking into newborn photography is look no further. Pamila and Ian are in a league of their own with their beautiful photography. Truly an amazing experience from start to finish with personal touches that we have never experienced before."
- Abbie (left on Google)

@cotswoldfinephotos | hello@cotswoldfinephotos.co.uk | 07479 371205

Baby & Family Photography

Newborn photography captures the fleeting moments of a baby's first few weeks of life, documenting their tiny fingers and toes, their precious yawns and sneezes, and the incredible bond they share with their parents.



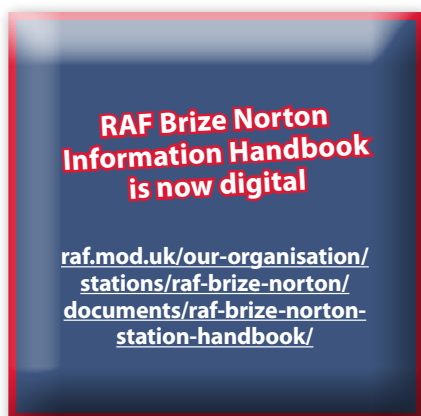
For many new parents, a newborn photoshoot is a must-have. It's a way to cherish these precious memories forever, and to create beautiful works of art that can be passed down from generation to generation.

When choosing a newborn photographer, it's important to select someone who has experience and expertise in this field. Pamila and Ian at Cotswold Fine Photos have specialised in baby photography for over 10 years and are passionate about what they do. They will provide you with a bespoke experience so that you can sit back and enjoy whilst they photograph your beautiful baby.

@cotswoldfinephotos | hello@cotswoldfinephotos.co.uk | 07479 371205

RAF BRIZE NORTON INFORMATION HANDBOOK

CONTENTS



Station Commander Introduction.....	07
Station Contact Details.....	08
Background to Brize Norton.....	09
The Station.....	11
Station Accommodation.....	14
Welfare Houses.....	15
Station Facilities.....	18
Useful Contact Information.....	20
Healthcare.....	26
Sporting Facilities.....	30
Community Support.....	31
Education.....	34
Service Families Accommodation (SFA).....	40
Local Community Information.....	54
Local Amenities – Waste Collection.....	54
The Families Club.....	54
Junior Ranks Welfare Fund.....	61
Travel	69
Stay Safe From Fire.....	78
Employment.....	82

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All Hallows School in Somerset is a prep school that focuses on academic excellence while prioritising the well-being of its pupils.

The school encourages creative thinking and offers a broad curriculum to help children discover their strengths and passions.

With an extensive extra-curricular program, All Hallows school believes that every child has something valuable to contribute to the community.

All Hallows also prepares pupils for senior school by nurturing their self-confidence and self-belief. As part of the Monkton Family of Schools, they assist in finding the right senior school for each pupil.

The school provides boarding facilities at the heart of the main building, caring and compassionate house parents create a home away from home for pupils.

All Hallows offers individualised development programs, including creative and sports opportunities.

The school also has a long history of supporting military families and understands the challenges that can come with being a military family. Furthermore, eligible families can receive financial assistance through the Continuity of Education Allowance (CEA), paying just CEA and 10% school fees, making an independent education at All Hallows affordable.

For more information or to schedule a tour, interested families can contact the school's registrar Jackie Truelove, admissions@allhallowsschool.co.uk

RAF BRIZE NORTON INFORMATION HANDBOOK

STATION COMMANDER'S INTRODUCTION

Welcome to RAF Brize Norton; home to the RAF's Strategic and Tactical Air Transport (AT) and Air-to-Air Refuelling (AAR) capabilities as well as host to many lodger and reserve units.

This booklet aims to be the one stop shop for you, your family, and friends containing everything you need to know about RAF Brize Norton and the local area: from doctors, dentists and schools to restaurants, recreation activities and much more.

In terms of the operational output of the unit, there are three different types of aircraft operating out of RAF Brize Norton - Boeing C17 Globemaster III, Airbus A400M Atlas and Airbus Voyager, with our Whole Force Team working together to deliver the Airport of Embarkation, Air to Air Refuelling, Inter and Intra Theatre Transport, Airborne Delivery, Aeromedical Evacuation, Repatriation, Air Mobility trials and so much more. It is the largest RAF Station in the UK, home to over 5800 Service Personnel, 200 civilian staff and 1300 contractors. Working 365 days a year, supporting operations around the globe and ensuring our skies stay safe - RAF Brize Norton really is the station that never sleeps.

RAF Brize Norton prides itself in being a vibrant place to work and live. You will find state of the art leisure and sporting facilities. Our welfare facilities for the Whole Force have seen a makeover with Junior Ranks bar and social area totally revamped, making it a place to relax with friends and enjoy much needed downtime. Please do come and visit. To ensure access to all the latest news, our Station Magazine 51 Degrees North, (in reference to the latitude of Brize Norton) enables our people, community, friends and family to stay up to date. The magazine can be found online through our external web site – [51 Degrees North](#). For those arriving at RAF Brize Norton for the very first time, you may also find the

introduction video useful - [RAF Brize Norton Arrivals Video 2022](#) | [RAF Media & Communications](#) ([imagencloud.com](#))

The Station has seen the introduction of many new initiatives, from going plastic free to being a smoke and vape free station as well as the introduction of electric cars; we really are at the forefront of cutting our carbon footprint. We all take exceptional pride as we move towards the RAF's Net Zero 40 goal!

There are many ways to be involved to improve how we work at RAF Brize Norton and help deliver a Next Generation RAF; I would encourage you all to become involved however small it may seem. Our ASTRA Ambassadors across the Station are always looking for new initiatives and they want to hear from you.

Situated in one of the most picturesque areas, there are certainly endless opportunities to explore this beautiful countryside. Please get out and about and explore what is on our doorstep. I do hope you enjoy your time at RAF Brize Norton.



Group Captain Claire O'Grady
Station Commander



WELCOME TO RAF BRIZE NORTON

STATION ADDRESS

Royal Air Force Brize Norton
Oxfordshire
OX18 3LX

POSTAL ADDRESS:

The correct post address for business mail is:

Number, Rank, Name and Initials
Flight or Section (not Barrack Blocks)
Royal Air Force Brize Norton
Oxfordshire
OX18 3LX

STATION CONTACT TELEPHONE NUMBER

RAF Brize Norton 01993 842551

FOR FURTHER INFORMATION, PLEASE VISIT:

<https://www.raf.mod.uk/our-organisation/stations/raf-brize-norton/>



RAF Brize Norton



royalairforcebrizenorton



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@RAFBrizeNorton
@AirMobilityRAF



RAF Brize Norton



RoyalAirForceBZN



Think before you print! Do you really need a paper copy?
Consider collaborative working via SharePoint (MODNet). Talk to your IHLUB to set up the permissions you require. Can you send a digital copy? Internal communications - Use links, this saves network traffic.

Ecost saving idea... Print ppt slides in hand-out mode, in black and white. If you select this option then the printer will place black toner where required, and leave the white of the paper blank.



51 DEGREES NORTH IS NOW DIGITAL! TO KEEP UP WITH BRIZE NEWS THE MAGAZINE IS AVAILABLE ON OUR SOCIAL MEDIA PLATFORMS AND WEBSITE!

<https://www.raf.mod.uk/our-organisation/stations/raf-brize-norton/documents/51-north-latest-issue/>

BACKGROUND TO BRIZE NORTON

KEY DATES

- 1937** - Opened as a flying training station.
- 1944** - Nos. 296 and 297 Squadrons dropped paratroops and launched Horsa gliders during D-Day.
- 1945** - RAF Brize Norton transferred from Flying Training Command to Transport Command.
- 1951** - The US Air Force accepted control of the Station.
- 1965** - The RAF took back control of the Station and it became a Transport Command airfield.
- 2001** - First Boeing C-17A Globemaster III aircraft arrived.
- 2011** - The Airbus A330 Voyager arrived.
- 2012** - Lockheed Martin C-130J arrived due to the closure of RAF Lyneham.
- 2014** - Airbus A400M Atlas arrived.
- 2023** - Lockheed Martin C130J Hercules retired and Number 47 Squadron disbanded.

HISTORY

RAF Brize Norton officially opened on 13 August 1937. Number 2 Flying Training School was the first unit to be stationed here, arriving on 7 September 1937.

In July 1942, the Heavy Glider Conversion Unit, later renamed No. 21 HGCU, arrived and remained here until 31 December 1945.

Between March and October 1944, the Station was used as a base for parachute and glider operations by Nos 296 and 297 Squadrons, both equipped with Armstrong Whitworth Albemarle aircraft; both Squadrons were involved in D-Day operations, and the airborne landings at Arnhem.

Flying Training Command returned to the Station with No 204 AFTS in August 1949, then left in June 1950.

The USAF formally accepted control of the Station on 16 April 1951, initially basing B-36 Convair Peacemaker bombers then B-47 Stratojets at a later date. The RAF took back control of the Station on 1 April 1965.

Various iconic aircraft have been based here, including Airspeed Oxford, Harvard, Whitley, Albermarle, Horsa Glider, Britannia, VC-10, Belfast, Argosy, Andover, Tri-Star, Globemaster III, Hercules, Voyager and Atlas.

The Station has been involved in many operations including, CORPORATE (1982), GRANBY (1990), TELIC (2003-11), HERRICK (2001-14), SHADER (2014) RUMAN (2017) and PITTING (2021).

NEWS

RAF Brize Norton



WHAT WE FLY



**C-17 Globemaster III
Transport.**



**Atlas (A400M)
Transport.**



**Voyager
Air refuelling, Transport.**

WHO'S BASED HERE



No 1 Group



Air Mobility Force



No 2 Group



RAF Brize Norton



No. 1 Air Mobility
Wing



10 Squadron



XXIV Squadron



30 Squadron



LXX Squadron



99 Squadron



101 Squadron



206 Squadron



501 Squadron
RAuxAF



622 Squadron
RAuxAF



4624 Squadron
RAuxAF



4626 Squadron
RAuxAF



2624 Squadron
RAuxAF Regiment



11 Squadron RAF
Regiment



Airborne Delivery
Wing



Tactical Medical
Wing



Joint Air Delivery Test
and Evaluation Unit



7 RAF Police
Squadron



RAF Falcons Parachute
Display Team



7 Force Protection
Wing



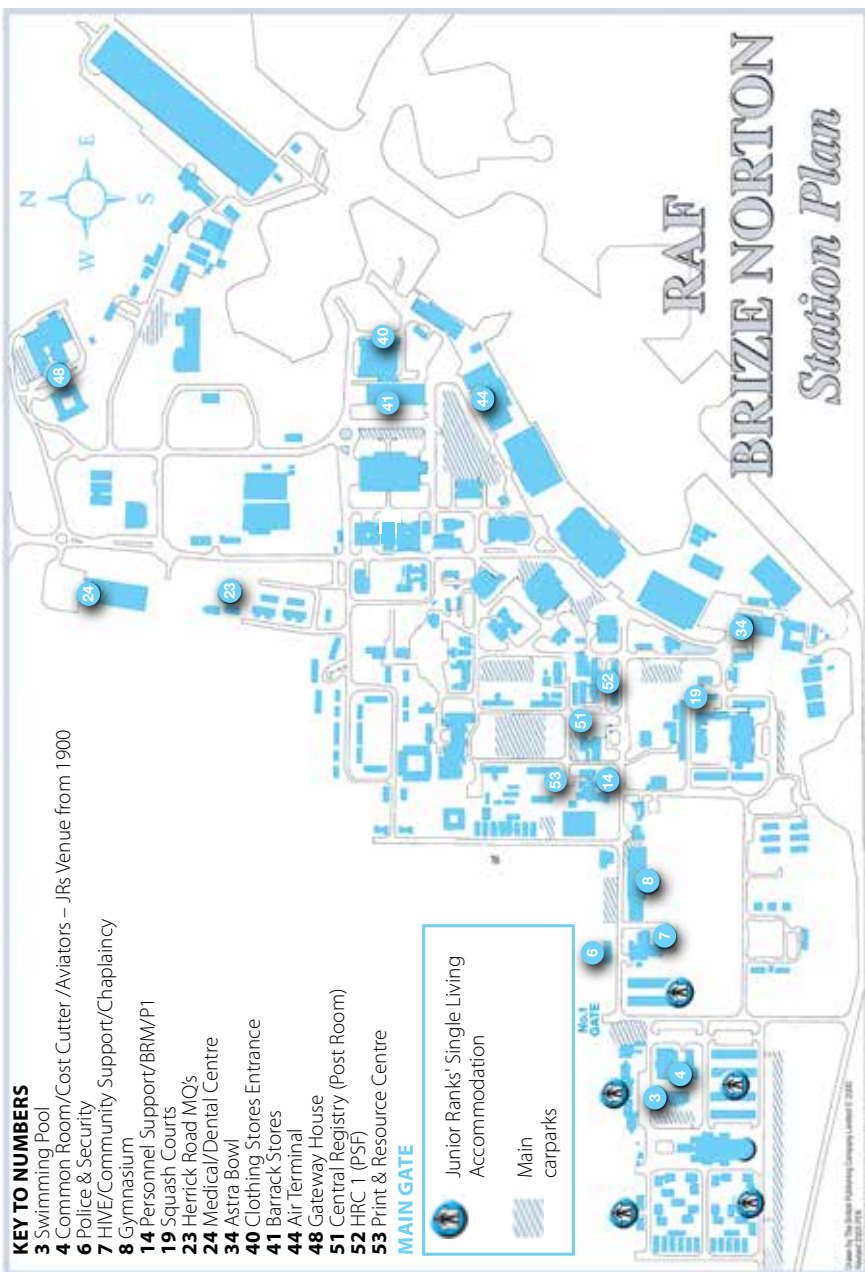
Chaplains



Legal Branch



RAF Regiment





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HAVE YOU TRIED THE JIVE APP?

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- Get Notified
- Customise your feed



**GET CONNECTED.
STAY INFORMED.
COLLABORATE ANYWHERE.**

For updates on
RAF Brize Norton
news visit our
Defence Connect
page
group:RAF Brize
Norton

ACCOMMODATION AT RAF BRIZE NORTON

BRIZE NORTON SINGLE LIVING:

JUNIOR RANKS

Accommodation Cell: 01993 897764

Ext 7764 or 01993 897151 Ext 7151

Dining: 01993 897671 Ext 7671

Messes are managed by Sodexo and operate under the pay as you dine scheme.

For any changes to the Meal Timings listed below information will be provided by the relevant Mess and on the Catering HQ SharePoint Page.



JRM Meal Timings

Monday to Thursday Lunch

Breakfast:	0600 - 0800
Lunch:	1115 - 1245
Dinner:	1600 - 1700

Friday Dinner: 1630 - 1700

Weekend Meal Timings

Breakfast:	0600 - 0900
Lunch:	1130 - 1230
Dinner:	1630 - 1730

Duty Supper

Daily:	2230 - 0030
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WO'S AND SGT'S MESS

Mess Reception: 01993 896030 Ext 6030



WOSM Meal Timings

Monday to Thursday Lunch

Breakfast:	0700 - 0830
Lunch:	1130 - 1245
Dinner:	1645 - 1815

Friday Dinner: 1645 - 1815

Weekend Meal Timings

Breakfast:	0730 - 0930
Lunch:	1200 - 1300
Dinner:	1700 - 1800

OFFICERS' MESS

Mess Reception: 01993 897147 Ext 7147



OM Meal Timings

Monday to Thursday Lunch

Breakfast:	0700 - 0830
Lunch:	1200 - 1330
Dinner:	1800 - 2000

Friday Dinner: 1800 - 2000

Weekend Meal Timings

Breakfast:	0800 - 1000
Lunch:	1200 - 1300
Dinner:	1800 - 1900

WELFARE HOUSES



Welfare Houses provide accommodation primarily for compassionate or contact reasons. They are available to personnel and their families who need temporary accommodation for short periods of time either for themselves or family members. RAF Brize Norton has 9 welfare houses in total, 4 x 2 bedrooms and 5 x 3 bedrooms, one of which has been adapted for visitors who have mobility issues.

If you wish to make a booking please call Community Support to talk to the Welfare House Co-ordinator, between the hours 0900 – 1430, on 01993897072 Ext 7072 or outside these hours email the Community Support Team: bzn-community@mod.gov.uk

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The Swan Inn is a family run, traditional 16th Century pub, perfectly situated on the edge of the Cotswolds, with accommodation on the first floor. Debbie, Stuart and all the team offer a very warm welcome to all who visit.

Our lounge bar is available to hire for private functions; birthdays, special occasions, events etc.

• Dog friendly •
dogs are allowed anywhere in the pub and are welcome in our rooms.

Please note that we do not serve food at all, so all of our rooms are for room only (breakfast **NOT** included).

Tel: 01367 253571

E: info@swaninnlechlade.co.uk
<https://swaninnlechlade.co.uk/>



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Miss C.L. Loveday

BSc (hons), Dip (CBT), NLP Prac, Dip.Hyp



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Important things you should know: PMGI Limited, trading as Forces Mutual acts as an intermediary for the purposes of introducing its customers to Tenet Mortgage Solutions Limited, part of Tenet. You will not receive advice or any recommendation from Forces Mutual. Such services will be provided by Tenet Mortgage Solutions Limited who will provide Forces Mutual with information about the services you have received. Forces Mutual will receive 24.8% of any lender procurement fee from Tenet Mortgage Solutions Limited in connection with the provision of mortgage broking services.

A mortgage is a loan secured against your home. Your property may be repossessed if you do not keep up repayments on your mortgage or any other debt secured on it. You may have to pay an early repayment charge to your existing lender if you remortgage.



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Lines are open:
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or visit
forcesmutual.org/mortgages

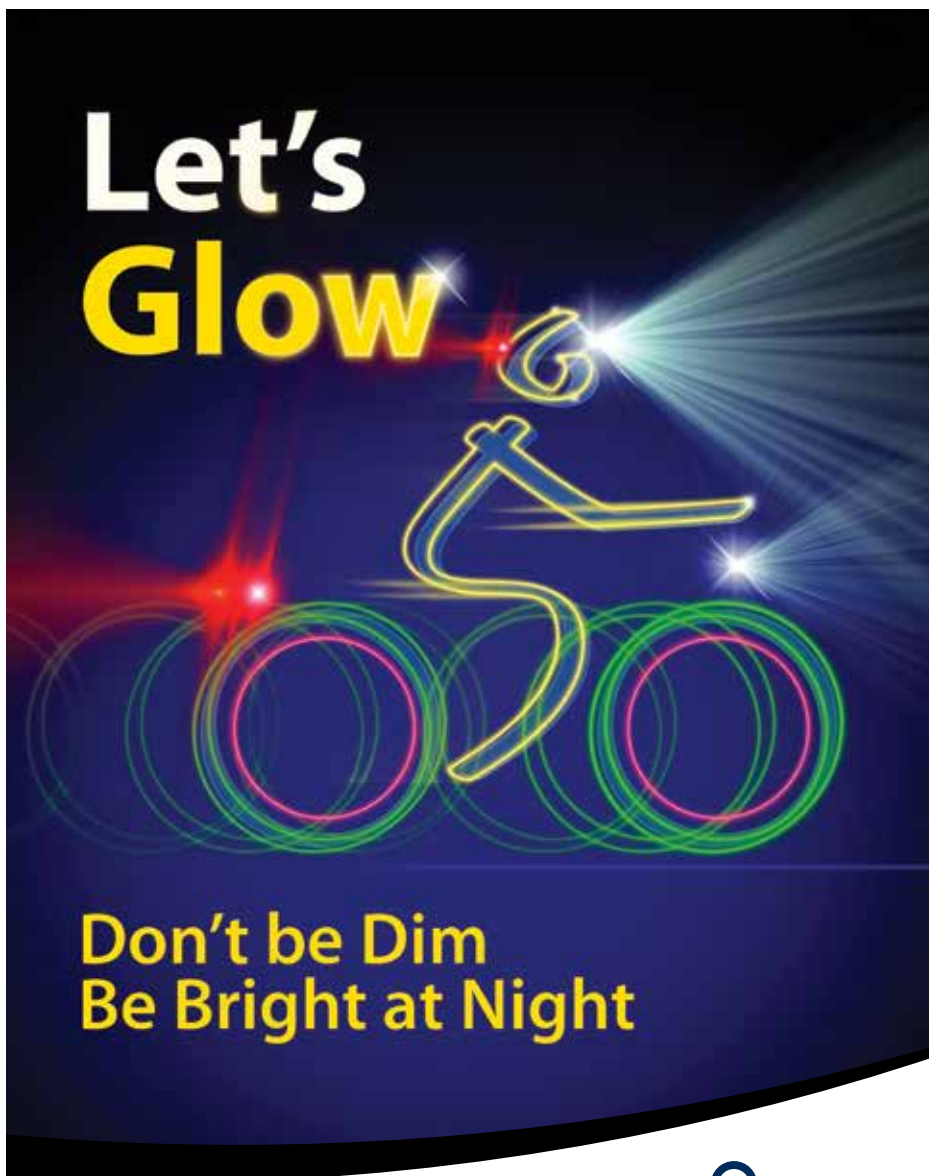


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ADV M PI 0014- 07/23

STATION FACILITIES

Facility	Overview	Details
Bowling Alley (Astra Bowl)	Mon – Fri 1000 – 1330 1800 – 2100 Sat 1000 – 2100 Sun By Appointment Only	Mon - Wed 1000 - 1330 / 1800 - 2130 Thu - Fri 1800 - 2130 / 1800 - 2300 Sat 1000 - 2300 01993 897289
The Common Room with Costa Coffee The Common Room – Aviators JR's	Menu Breakfast served 0730 – 1100 Panini and Pizza 1100 – 2100 Main meals 1130 – 1330 From 1900 Mon – Fri The Common Room is a bar and social area for the Junior Ranks For booking enquiries email BZN-GDFlt@mod.gov.uk	Mon - Wed 0730 - 2300 Thu 0730 - 0000 Fri 0730 - 1600 Bank Holidays Closed Check Facebook for weekend opening https://www.facebook.com/The-Common-Room-at-RAF-Brize-Norton-111035893578307/
Costcutter	Convenient Store incl hot and cold food	Mon - Thu 0700 - 1900 Fri 0700 - 1600 Sat 1000 - 1400 Sun 1000 - 1600
Cashpoints on camp	The Common Room Gateway House	See times for The Common Room 24hr
Free Wi-Fi	The Common Room Air Terminal Community Support	See times for The Common Room 24hr Community Support working hrs
Gym	Fitness Suite open 24hr Gym is open to the whole RAF Brize Norton Community. See Sporting Facilities page for membership details	01993 897908 Ext 7908
Learning Centre	Education for Personal Development and Resettlement	Mon - Thu 0815 - 1645 Fri Closed All Day
Station Barber	Behind the Common Room adjacent to Rugby Club	Mon - Thu 0830 - 1600 Fri - 0830 - 1400 01993 897295 Ext 7295
Strikers Café (Located in Astrabowl)	Opening Hours: Mon – Fri 0900 – 1300 Sat 100 – 15.30 Sun Closed	Check website for any changes to opening times www.astrabowl.co.uk
Swimming Pool	The Pool hosts a range of sessions, available for private party bookings and is an accredited training centre	01993 845128 or Ext 7201 Please check RAF Brize Norton Swimming Pool for time table, Facebook & SharePoint – Community/ Clubs and Sports



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 **ROYAL
AIR FORCE**
Safety Centre

RAF BRIZE NORTON USEFUL CONTACT INFORMATION

www.raf.mod.uk/our-organisation/stations/raf-brize-norton/

Accommodation - SNCO'S Mess Reception	01993 896030 Ext 6030
Accommodation – Officers' Mess Reception	01993 897147 Ext 7147
Brize Development Team (BDT) Programme Future Airport is now badged as Brize Development Team (BDT). Physically located at RAF Brize Norton in Building 25, you can find us on the Brize SharePoint site under 'Supported Units'. Homepage: sharepoint.com/teams/13804/SitePages/Home.aspx	Multiuser email: Air-2Gp-BrizeDevTeam@mod.gov.uk
Brize Norton Airplay Funded by the RAF Benevolent Fund to deliver activities for ages 5-18 .	Ayleila.Parry@oneymca.org
Carterton Town Council www.carterton-tc.gov.uk	01993 842156
Chaplaincy Team	01993 896543 Ext 6543 BZN-Chaplains@mod.gov.uk
Clothing Stores, Counter SERCO Clothing Stores RAF Brize Norton (sharepoint.com)	01993 897882 Ext 7882
Community Development Officer (CDO)	bnz-cdo@mod.gov.uk
Community Support Team	bnz-community@mod.gov.uk
Flight Sergeant Community Support	0300 154 9207 01993 897464 Ext 7464 bnz-community@mod.gov.uk
Gateway House Hotel Reception	01993 897320 Ext 7320
RAF Brize Norton HIVE – Provides an information and welfare referral service to service personnel and their families Station HIVE	BZN-HIVEInfo@mod.gov.uk 01993 895349 Ext 5349
Human Resources Centre 1 (HR Centre1)	Email - Air-HR-Centre1HOGMB@mod.gov.uk

RAF BRIZE NORTON USEFUL CONTACT INFORMATION	
JR's Accommodation Cell	01993 897764 Ext 7764 or 01993 897151 Ext 7151
JR's Mess General Enquiries	01993 897671 Ext 7671
MPGS/Guard Room – 24hrs/7days	01993 896257 Ext 6257
Oxfordshire County Council www.oxfordshire.gov.uk	01865 792422
Passes and Permits (Main Gate)	01993 895882 Ext 5882 BZN-SERCO-MAINGATE@mod.gov.uk
Passenger Information	https://www.raf.mod.uk/our-organisation/stations/raf-brize-norton/passenger-information/
Passenger Information Line	01993 895337 Ext 5337
RAF Police general enquiries 24hrs/7days	01993 896668 Ext 6668
Post Room (Central Registry) Private parcel collection times Mon - Thu 0730 – 0900 1100-1530 Fri 0730-0900 1100-1430	01993 89 7469 Ext 7469
Service Community Support Officer (SCSO)	Skype 0300 154 8058 07825 923327 (duty mobile)
Service Discipline & Personal Support (SD&PS)	Email - Air-HRCentre1BZNPSGMB@mod.gov.uk Air-HRCentre1BZNPSGMB@mod.gov.uk Air-HRCentre1BZNSDGMB@mod.gov.uk
Service Families Accommodation (SFA) – please see page 40 for full details	0800 031 8628 www.pinnacleservicefamilies.co.uk
Thames Valley Police www.thamesvalley.police.uk	01865 846000
Welfare Accommodation	01993 897072 Ext 7072
West Oxfordshire District Council www.westoxon.gov.uk	01993 861000



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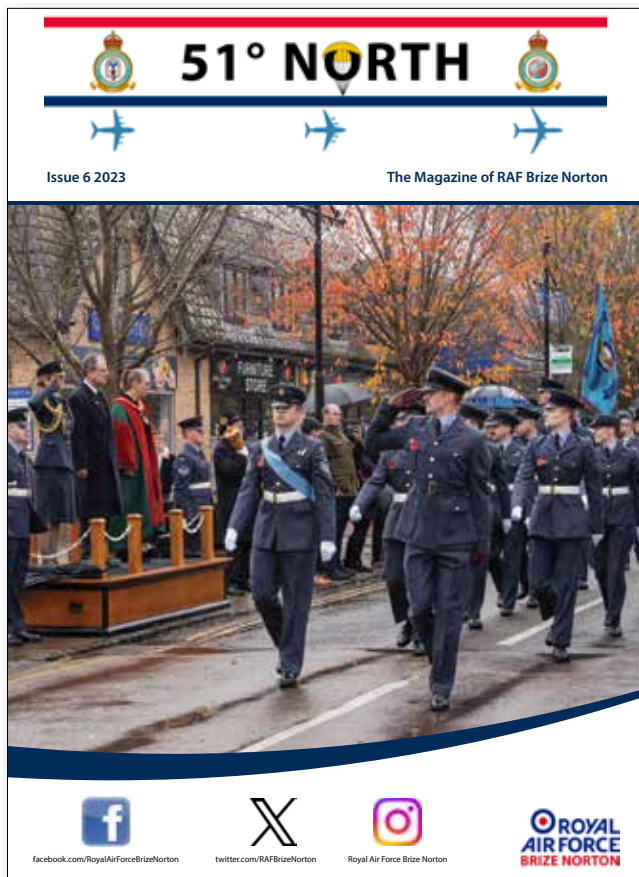
58 Brize Norton Road, Minster Lovell, Witney
Oxfordshire OX29 0RY

Barrington Service Station A40 Little Barrington
Burford OX18 4TN



RAF BRIZE NORTON HOME TO THE ROYAL AIR FORCE FALCONS DISPLAY TEAM





51 DEGREES NORTH STATION MAGAZINE

To submit your article and images please email
bzn-51degreesnorth@mod.gov.uk.

To advertise in the Station magazine or the Station Handbook please contact the publishers directly through their website www.rafmags.co.uk
<https://www.raf.mod.uk/our-organisation/stations/raf-brize-norton/documents/51-north-latest-issue/>

Your article should aim to be between 300-500 words in length, with a high resolution picture over 1MB for every 100 words you write. You should ensure that personnel/activities in photos are named and that you provide the author's details, in case we require any more information. Send your completed articles to BZN-51DegreesNorth@mod.gov.uk. We look forward to receiving your articles and make every effort to publish as many of them as possible.

HEALTHCARE

DAVID STONE MEDICAL CENTRE (STATION MEDICAL CENTRE)

Emergencies - Call 999 in an emergency. Chest pains and/or shortness of breath constitute an emergency.

USEFUL MEDICAL CENTRE CONTACT 01993 89 GPTN 95461

Reception	01993 89 6062/6063
General Medical Enquires	5830
Hospital Referrals	5832
Medical Employment Standards	5266
Medical Stores	7773
Dispensary	6318
Email	UKStratCom-DMS-DPHC-BZN-Grp@mod.gov.uk

eConsult

The DSMC utilise the eConsult system for urgent and routine enquires. This system can be accessed on <https://brizenorton.webgp.com/> and is available during routine working hours.

Same day appointments

The DSMC operate a TRIAGE system for all same day appointments. To book a same day appointment an eConsult should be submitted, which will be triaged by the MO and appropriate advice/appointment.

Our Opening Times Are:

	General Queries	Dispensary
Monday	0800-1200 / 1300-1700	0845-1200 / 1345-1700
Tuesday	0800-1200 / 1300-1700	0845-1200 / 1345-1700
Wednesday	0800-1200	0845-1200
Thursday	0800-1200 / 1300-1700	0845-1200 / 1345-1700
Friday	0800-1200 / 1300-1700	0845-1200
Weekends	Closed	Closed
Bank Holidays	Closed	Closed

The DSMC **does not** deal with routine queries out of hours. This includes lunch times and Wednesday afternoons.

For life-threatening emergencies, call **999** and request an ambulance.

For less urgent queries, call **111**.

OTHER USEFUL CONTACTS

Mental Health Helpline (Adults)	01865 904 997
Mental Health Helpline (Young People)	01865 904 998
Oxford Safe Haven	01865 903 037
Witney Minor Injuries	01865 903 841
Samaritans	116 123
Bank Holidays	Closed

The nearest hospitals are:

- John Radcliffe Hospital, Headley Way, Headington, Oxford, Oxfordshire, OX3 9DU
- Witney Community Hospital, Welch Way, Witney, Oxfordshire, OX28 6JJ

PRIMARY CARE SERVICE

If you need to speak to a doctor or nurse when we are closed you may telephone 111. The 'out-of-hours' medical service is operated by the Oxfordshire Clinical Commissioning Group and any queries regarding this service should be addressed to them on 01865 336800.

REGISTRATION

As per DPHC Policy you are required to complete a patient registration form located on Defence Gateway – MyHealthcare hub [OFFICIAL – SENSITIVE – PERSONAL Medical e-Reg. Form](#). If you have any problems accessing this document, please let the Medical Centre Staff know and an alternative format can be sent.

PRIMARY CARE REHABILITATION FACILITY (PCRF) - ACCESS TO THE DEPARTMENT IS VIA AN MO.

Email: UKStratCom-DMS-DPHC-BZN-PCRFGrp

Opening Hours: Monday to Thursday 0800-1200 & 1330-1630 Friday 0800-1200.

Visit the PCRF SharePoint page for further information and resources: [Welcome to the PCRF Brize Norton Patient Support SharePoint Page](#)

DENTAL CENTRE

Surgery Times:

Mon – Thu	0800 – 1200 / 1300 – 1700
Fri	0800 – 1400
Surgeries will be closed every Wednesday from 1300 for Mandatory Staff Training.	
For out of hours emergency care please call 07966 495475.	

Dependants are required to register with an NHS or private dentist.

For more information about Dental Treatment please access 'My HealthCare Hub' on the Defence Gateway <https://jfc.defencegateway.mod.uk/sites/DMS/MyHealthcareHub/SitePages/myhealthcarehub.aspx>



DEPENDANTS MEDICAL CARE

Dependants' medical care is provided by NHS GP practices and the Station Medical Centre; however, there are limited spaces available for families and dependants. Details of all GP practices, dentists and hospitals in the area can be found at www.nhs.uk/service-search by entering a postcode or by clicking on the local services tab. To register with your local GP contact the GP practice direct.

CARTERTON GP SERVICES:

If you are unable to register at the Station Medical Centre there are two doctors surgeries located in Carterton where dependants can register:

Broadshires Health Centre
Broadshires Way
Carterton
OX18 1JA
01993 845600
<https://www.broadshireshealthcentre.com>

The Carterton Health Centre
8 Alvescot Road
Carterton
OX18 3LJ
01993 841718
<https://www.bamptonmedicalpractice.co.uk>



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SPORT
RAF Brize Norton



SPORTING FACILITIES



STATION GYMNASIUM

The Gymnasium is available 24 hours for use by Service Personnel, MOD Civilians, Military Dependants over 18 years of age, authorised contractors, and members of authorised civilian sports clubs. Non-entitled persons (i.e., friends or family of gym members who do not fall into the above categories) are not insured and therefore strictly not permitted to use the facilities. Dependants who are 16-17 years old are permitted to use the facilities following their induction to the facilities. In all circumstances they must be accompanied and supervised by an appropriate adult who is also an inducted member of the gym.

MEMBERSHIP PRICE LIST

Membership Type	Price
BZN Service Personnel – Regular, FTRS, PTRS and RAuxAF	No fee
Civil Servants/Dependants	Annual Fee (to be paid in full) £60.00
Authorised Contractor	Annual fee (to be paid in full) £150

INDUCTION REQUIREMENTS AND SIGNING OF ORDERS:

Personnel may only use the Gymnasium when authorised by PEd staff and after having received a full induction and paid the requisite fee. An induction incorporates a tour of the facility, a full Health and Safety brief, an explanation of the rules regarding use of the PEd facilities, reading and subsequently signing Gymnasium Standing Orders (either electronically using SharePoint (annually) or signing the register. Members should also complete the online PARQ before undertaking any fitness activities within the gymnasium.

There is a Fitness Suite located within the Gymnasium which hosts a variety of fitness classes, including Spinning, Supple Warrior and HIIT classes. Timetables are available from the Fitness Suite. Tennis Courts, Squash Courts and an Astro Turf pitch can be booked via the gymnasium.

For up-to-date information on events and classes please join the Facebook page searching for RAF Brize Norton PEd Flt

PED FLT CONTACTS

Ped Flt enquiries:

Ext 5433 or External (01993) 895433

COMMUNITY SUPPORT TEAM

If you are new to RAF Brize Norton we hope you find the Information in this book of value as you find your way around the Station and further out into the surrounding countryside. The Community Support Centre, which includes the HIVE, is adjacent to the Gymnasium and is the place to visit if you have any queries or require any information.

Any one of the team will only be too pleased to help, our aim is to provide the latest information about the Station and the activities that are being held for both our Service personnel and their dependants. The experienced team have a wealth of information, please call in to ask any questions you may have about the Station, the local area or for anything that might be causing you concern.

Our Community Support Facebook pages: RAF Brize Norton Community Support and RAF Brize Norton HIVE are regularly updated and contain a wealth of information on a wide variety of subjects.

If you would like to be added to our email distribution list to receive regular updates please email bn-community@mod.gov.uk, or simply give us a call on 01993 897072 Ext 7072 or 01993 897464 Ext 7464

The Community Support Centre:

RAF Brize Norton Community Support

0800 – 1700 Monday - Thursday

0800 – 1600 Friday

The HIVE:

BZN-HIVEInfo@mod.gov.uk

01993 895349 Ext 5349



RAF Brize Norton HIVE
@RAFHIVEBrizeNorton
@RAFBrizeNortonCommunitySupport



Twitter is @BZNRAF



SSAFA Personal Support & Social Work Service (PS&SWS) RAF

SSAFA's PS&SWS RAF provides welfare support to all serving personnel (regular and reserves) and dependents. We aim to support you to enhance personal welfare, maintain family stability and access the support networks you are entitled to. Our service is confidential and independent from the Chain of Command.

Our team are available during the working week, by appointment, in the Community Support Centre or at Ely Close Families Centre, Stanmore Crescent, Carterton OX18 3UX. You can also visit the Community Support Centre and the HIVE who can refer you to SSAFA.

Contact SSAFA PS&SWS at Brize Norton directly;

Emmanuel Walcott: Emmanuel.walcott@ssafa.org.uk or 07387 253436.

Sarah Duviau: sarah.duviau@ssafa.org.uk or 0203 880 5639.

You can also contact us via our Single Point of Contact; Tel: 03000 111 723 (available 24/7)

Email: psswsRAF@ssafa.org.uk (monitored Monday - Friday, 8:30-17:00).

IN-SERVICE SSAFA VOLUNTEERS

In-Service SSAFA volunteers offer a confidential service of practical help through circumstances such as bereavement, illness, detachment and family separation. Their work will vary according to the local circumstances, but might include befriending, providing transport, shopping or other practical support. For further information contact SSAFA.

CITIZENS ADVICE

Station has a dedicated Citizens Advice worker who provides a free confidential service to assist with a wide range of queries or problems.

For information or to access this contact RAFBrizeNorton@cawo.org.uk
07786 110939.



RELATE

The RAF Benevolent Fund work with Relate to provide extra support to help RAF families through difficult times. The fund will pay for up to six counselling sessions. This is available to service personnel and/or their partners. You don't have to be in a relationship to access support; whether married, living together, in a same-sex relationship, separated, divorced or single, they can help. They also offer a subsidised mediation service for those going through a break-up. All details are strictly confidential.



For more information contact Hive, Community Support or Relate directly on 0845 078 5556 or contracts@relate.org.uk

RAF BENEVOLENT FUND

RAFBF provide a range of support to serving and former members of the RAF as well as their partners and dependent children, this includes their Airplay Youth programme, free Headspace memberships, discounted holidays, financial and emotional support. To find out about getting support from the RAF Benevolent Fund go to their website or contact the Chief Clerk.
www.rafbf.org.uk



ROYAL AIR FORCES ASSOCIATION (RAFA)

The RAF Association is here to help the whole Royal Air Force family, providing friendship, help and support to current and former members of the Royal Air Force and their dependants. www.rafa.org.uk



CHAPLAINCY TEAM

Chaplaincy Centre (adjacent to Station Briefing Facility)
Friend and advisor to all Service personnel and their families, respective of belief or religious denomination.

Chaplains Clerk

01993 896543 Ext 6543

BZN-Chaplains@mod.gov.uk

SOLICITOR APPOINTMENTS

Appointments are available to book through the Community Support team, bzn-community@mod.gov.uk or 01993 897464 or 019993 897020.



FORCES MUTUAL

Representatives from Forces Mutual visit the Community Support Centre at RAF Brize Norton frequently and offer a free mortgage advice service. For general advice including, savings, insurance and financial planning, appointments are available through the HIVE or Community Support team on bzn-hiveinfo@mod.gov.uk or bzn-community@mod.gov.uk



BFBS BRIZE NORTON

BFBS Brize Norton broadcasts from our studios at RAF Brize Norton for the forces community in West Oxfordshire. With stories from across Brize Norton and beyond. Tune in on 106.1FM around Brize Norton, online at bfbs.com or via our free smartphone app.



Get in Touch: Email - brizenorton@bfbs.com **Facebook:** BFBS Brize Norton

Twitter: @bfbsbrizenorton **Tel:** 01993 845448

The Jurassic Gateway is an 8-berth static caravan located in West Bay, Dorset available for personnel at RAF Brize Norton to hire. For further information contact the Community Support Team by emailing bzn-community@mod.gov.uk or 01993 897464 Ext 7464.



EDUCATION

USEFUL CONTACTS - LOCAL AUTHORITY

FINDING A SCHOOL

In addition to the local authority website information, there is a 'schools finder' facility on the Direct Gov website which allows you to search for schools and playgroups within a specific distance of your location. This provides details of all schools, their websites, Ofsted reports, term dates, transport and provision of special needs. To access this search engine go to [Find and compare schools in England - GOV.UK \(www.gov.uk\)](https://www.gov.uk/find-and-compare-schools)

For more information about free nursery education you can log onto the relevant local authority website or contact the Family Information Service (FIS).

<https://www.oxfordshire.gov.uk/residents/children-education-and-families/information-parents/family-information-service>

ADDITIONAL NEEDS/DISABILITY SERVICES

All local authorities have a duty to provide information, advice and support to parents of children with SEN. You can also contact the Children's Education Advisory Service (CEAS) who provide advice, support and guidance on the educational wellbeing of children and young people from families in all three services. The CEAS team is comprised of qualified teachers and experienced case advisors who can answer queries either via email or telephone. For further information about CEAS visit www.gov.uk/government/groups/the-childrens-education-advisory-service-ceas

You can also contact SSAFA's Additional Needs and Disability Advisor – Frances Robinson, email anda@ssafa.org.uk or call 0207 4639315.

COMPASS - Children of Military Parents Accessing SEN Support C M P A S S

COMPASS meets every Wednesday @ Flat 12 Ely Close and thanks to funding from Covenant Trust employ a Parent Buddy 1 day a week for 1 – 1 support and information. For information please contact bnz-compass@mod.gov.uk

USEFUL CONTACTS

Central Oxfordshire Council

0345 2412487

[Contact the School Admissions Team | Oxfordshire County Council](#)

School Admissions Team

0345 2412487

<https://www2.oxfordshire.gov.uk/cms/content/contact-school-admissions-team>

School Transport Team

<https://www.oxfordshire.gov.uk/residents/schools/travelling-school/eligibility-free-and-paid-travel-school/free-home-school-travel>

Special Educational Needs Services

01865 323556

Children's Education Advisory Services (CEAS)

01980 618244

www.ceas.mod.uk

Childcare Choices (info on free and/or tax free childcare scheme)

[Childcare Choices | 30 Hours Free Childcare, Tax-Free Childcare and More | Help with Costs | GOV.UK](#)

Family Information Service (local directory)

fis.enquiries@oxfordshire.gov.uk

[https://www.facebook.com/](https://www.facebook.com/OxfordshireFamilyInformationService/)

[OxfordshireFamilyInformationService/](#)



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DETAILS FOR BOOKING A 1-1 APPOINTMENT FOLLOW
SHORTLY.

GROUP OR GENERAL ENQUIRIES CONTACT:
BZN-COMPASS@MOD.GOV.UK
OR

JOIN OUR FACEBOOK GROUP:
CHILDREN OF MILITARY PARENTS ACCESSING SEN
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WHAT WE OFFER

AN OPPORTUNITY TO SHARE EXPERIENCES AND CHAT IN A RELAXED
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1-1 SUPPORT WITH AN EXPERIENCED SEND PARENT BUDDY
SCHOOL HOLIDAY & SEASONAL ACTIVITIES
ONLINE SUPPORT VIA A SECURE FACEBOOK GROUP

EARLY YEARS

RAFA Kids, RAF Brize Norton

Tel: 01993 221131

Email: hello@rafakidz.org.uk

There are a number of early years providers in Carterton, please look on the Family Information Service website for more providers.

PRIMARY SCHOOLS IN CARTERTON

Carterton Primary and Nursery

Burford Road, OX18 3AD

Tel: 01993 842502

Email: [\(carterton-pri.oxon.sch.uk\)](mailto:Home | Carterton Primary School (carterton-pri.oxon.sch.uk))

Edith Moorhouse Primary and Nursery

Lawton Avenue, OX18 3HP

Tel: 01993 842372

Email: office@edithmoorhouse.org
[\(edith-moorhouse.oxon.sch.uk\)](mailto:Home | Edith Moorhouse Primary School (edith-moorhouse.oxon.sch.uk))

Gateway Primary

Netheravon Close, OX18 1SF

Tel: 01993 842189

Email: office.2254@gateway.oxon.sch.uk
Home | Gateway Primary School

Bright-Start pre-school at Gateway

Tel: 07977 967340

[\(brightstartpreschool.co.uk\)](mailto:Bright Start Pre-School (brightstartpreschool.co.uk))

St Josph's Catholic Primary

Lawton Avenue, OX18 3JY

Tel: 01993 841240

Email: adminsjc@dbmac.org.uk
[\(stjosephsprimarycarterton.co.uk\)](mailto:St Joseph's Catholic Primary School - Home (stjosephsprimarycarterton.co.uk))

St John the Evangelist CE and Nursery

Shilton Park, Bluebell Way, OX18 1JF

Tel: 01993 843124

Email: office.2613@st-john.oxon.sch.uk
[\(st-john.oxon.sch.uk\)](mailto:St John the Evangelist CE Primary School - Home (st-john.oxon.sch.uk))

SECONDARY SCHOOL AND SIXTH FORM IN CARTERTON

Carterton Community College

Upavon Way

Carterton

Oxfordshire

OX18 1BU

Tel: 01993 841611

Fax: 01993 843710

Email: office@cartertoncc.oxon.sch.uk
<http://www.cartertoncc.oxon.sch.uk>

HIGHER EDUCATION

Carterton Community College

Upavon Way

Carterton

OX18 1BU

Tel: 01993 841611

Email: sixthform@cartertoncc.oxon.sch.uk
www.cartertoncc.oxon.sch.uk

Abingdon & Witney College

Holloway Road, Witney, OX28 6NE

Tel: 01993 703464

Email: [\(abingdon-witney.ac.uk\)](mailto:Contact the College - Abingdon & Witney College (abingdon-witney.ac.uk))
[\(abingdon-witney.ac.uk\)](mailto:Study courses in Oxfordshire - Abingdon & Witney College (abingdon-witney.ac.uk))

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COMMUNITY

RAF Brize Norton





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Facebook & Instagram: @assassynation



SERVICE FAMILIES ACCOMMODATION (SFA)



Pinnacle were awarded the FDIS contract 1 Apr 22 and are responsible for the administration of SFA and reporting of SFA maintenance issues. Contact Pinnacle <https://www.pinnacleservicefamilies.co.uk/>. The maintenance provider for RAF Brize Norton SFA is VIVO. Occupants living in Bulk Lease Hire properties are maintained by Touchstone.

SERVICE FAMILIES ACCOMMODATION (SFA) LOCATIONS	NUMBER OF PROPERTIES
Brize Norton (Brize Meadows)	37
Bampton (Bampton Meadows)	52
Carterton	978
Eynsham	6
Faringdon	58
Long Hanborough	20
Minster Lovell (Dovecote Park)	9
North Leigh	8
Shrivenham/Watchfield : SFA on loan from Shrivenham	100
Witney (Windrush Park)	17

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Customer Contact

In addition of emailing hello@pinnacleservicefamilies.co.uk customers can now go directly to the department they need to contact. Please refer to the relevant email address or to the Pinnacle website.



To discuss applications, allocations and requests, contact; HomeServices@pinnacleservicefamilies.co.uk

To send in any medical/OT reports for the case managers to review, contact; HomeServicesConfidential@pinnacleservicefamilies.co.uk

To discuss retention enquiries or to send in supporting evidence for retentions, contact; Retentions@pinnacleservicefamilies.co.uk

For queries relating to existing repairs or to raise a new repair, use our Repairs form or contact; Repairs@pinnacleservicefamilies.co.uk

To discuss or book statutory gas or electrical inspections, contact; ComplianceSupport@pinnacleservicefamilies.co.uk

To raise or discuss complaints, compliments or compensation, contact; CustomerSolutions@pinnacleservicefamilies.co.uk

To send us any confidential Additional Needs/Disability Adaptation (ANDA) related reports/information please email HomeServicesConfidential@pinnacleservicefamilies.co.uk our confidential email address.

Compensation

The website has been updated with the types of compensation a customer can claim and some information on the vouchers they will receive. If a family has a query regarding compensation, please utilise the Pinnacle website Compensation - Pinnacle Service Families or email Compensation@pinnacleservicefamilies.co.uk

Home Working

To request permission to Run Business from SFA please email HomeServices@pinnacleservicefamilies.co.uk or further information can be obtained from the Service Community Support Officer (SCSO) by dialling 0300 154 8058 or 07825 923327 <https://www.pinnacleservicefamilies.co.uk/>

Home working: New Pinnacle Service Families - www.pinnacleservicefamilies.co.uk

Connect with us on Social Media



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/Pinnacle-Service-Families



/PinnacleServiceFa

A guide to preventing condensation, damp & mould

Condensation is usually the biggest cause of damp within homes.



Introduction to Damp & Mould Growth

Condensation is caused by water vapour or moisture from inside the home coming into contact with a colder surface, such as a window or wall. The resultant water drops (condensation) may then soak into the wallpaper or paintwork or even plasterwork. In time, the affected damp areas then attract black mould that grows on its surface.

Condensation mainly occurs during the colder months, whether it is rainy or dry outside. It is usually found in the corners of rooms, north facing walls and on or near windows.

It is also found in areas of poor air circulation such as behind wardrobes and beds, especially when they are pushed up against external walls. Note. Black mould is frequently seen on this type of dampness.

Most homes will be affected by condensation at some point. However, certain activities can increase the problem.

The 'amount' of condensation in a home depends upon three factors:

- 1. how much water vapour is produced by the actions of its residents.
- 2. how cold or warm the property is.
- 3. how much air circulation (ventilation) there is.

Simply turning up the heating will not sort out the problem. All three factors may need to be looked at to reduce the problem.

The first sign of a problem is water vapour condensing on windows and other cold surfaces, which then takes a long time to disappear, allowing surfaces to become damp.

The second indication is black mould patches growing on these damp areas.

Condensation and mould growth may be reduced or remedied without expensive works or treatments and dealing with the causes of condensation will often eliminate the mould problem.

Difference between damp and condensation

Structural issues are related to the fabric of the building which means water or moisture is getting into the home. Examples of the types of problems that occur include:

- Water leaks from windows, roof, downpipes, guttering, internal plumbing and flooding
- Penetrating damp through walls
- Rising damp – usually caused by non-existent or defective damp proof courses
- Wet or damp basements or crawl spaces

Condensation is caused by something happening inside the home, such as:

- High relative humidity in the air
- Too much water vapour or steam being generated through cooking, washing, showering and clothes drying
- Inadequate ventilation or not using the extractor fans, vents and windows that are available
- Inadequate heating or too much heat
- Inadequate cleaning and drying after major water leaks and bursts or floods

Common Household Moisture Producing Activities

The list below gives you some idea of how much extra water you could be adding to the air in your home in a day. Examples of Common Household Moisture Producing Activities:



Warmth Versus Ventilation

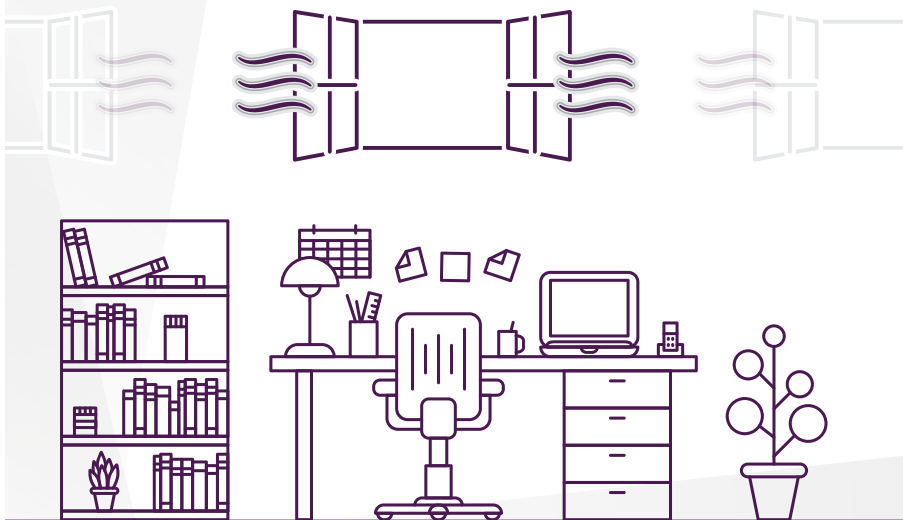
Striking the right balance between warmth and ventilation is important and can be very effective.

By opening windows or ventilating your home it may appear that you are losing some heat, but what you are actually doing is allowing warm moisture-laden air to escape and permitting cool dry air to enter your home.

Dry cool air is cheaper to heat than warm moist air!

Using the trickle vents in double glazed window or opening windows slightly, will enable the necessary ventilation.

If opening windows the advice is to ventilate for an appropriate period of time, usually between 30 mins to 1 hour, not to leave the windows open all day.





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Ensuring every child reaches their full potential is fundamental at Gordonstoun and the school motto, Plus Est en Vous - there is more in you - underpins school life, inspiring young people to achieve more than they ever thought possible. This is reflected in strong exam results and in the personal progress that students make during their time at the school.



As the original provider of 'character education', Gordonstoun boasts a uniquely broad curriculum. There's skiing in the nearby Cairngorms, participation in services (the school has its own Fire Service), countless drama and dance productions, and crewing the school's 80- foot sail training vessel.

With Gordonstoun's pastoral care described as 'sector leading' and 'outstanding' during recent inspections, the Gordonstoun community warmly welcomes students from over 40 different nationalities creating a genuinely international learning environment. A unique place of education, its ability to balance a broad, academic, personal and challenging curriculum whilst maintaining a warm, close-knit community is unmatched.



Join a webinar by scanning the QR code, find out more by visiting the website, or contact admissions, to arrange a personal visit:

admissions@gordonstoun.org.uk

01343 837829

Gordonstoun, Elgin, Moray, IV30 5RF



Four Steps to Reducing Condensation & Mould Growth

1. Produce Less Moisture



Ordinary daily activities produce a lot of moisture.

To reduce this:

Dry clothes outdoors if possible. Avoid drying clothes indoors or if you have to, dry them on a clothes airer in the bathroom with the door closed and either an extractor fan on or a window slightly open.

Vent tumble driers to the outside (never into the home) or buy a condensing type.

Cover pans when cooking and do not leave kettles boiling.

2. Remove Excess Moisture



Always wipe the windows and window sills of your home every morning to remove condensation.

This is especially important in the bedroom, bathroom and kitchen - just opening the window is not enough.

3. Heating



In cold weather, the best way to keep rooms warm and avoid condensation is to keep low background heat on all day rather than short bursts of high heat when you are in the house.

4. Ventilation

It is important to remove condensation and excess moisture by ventilating rooms. You can ventilate a room without making draughts or causing it to become cold. To do this, you may only need to open the window slightly or use the trickle vent. This allows warm moisture laden air to escape to the outside and let cool dry air into the property.

Tips to help with Ventilation :

- Always ventilate or open a window when using the kitchen or the bathroom and close the doors to prevent moisture in the air from spreading to other parts of the house. Continue to ventilate these rooms for a short time after a shower, bath or cooking and keep the door closed!
- Open bedroom windows for up to one hour as soon as you get up.
- Clear window sills of clutter that will restrict opening the window and prevent surfaces from being wiped.
- Leave space between the back of furniture and cold walls for air to circulate. Ventilate cupboards and wardrobes, and avoid overfilling them as this prevents air circulating.

Remember: Only carrying out one or two of the steps may not solve your problem, you need to do as much as possible every day.



Winter in your Service Family Accommodation



Tips and advice

This guide has been developed to advise you on how to prepare your home for winter and how to respond should an issue arise.



Preparing your home for winter

It's worth spending some time getting your home winter-ready before the cold weather really kicks in.

Checking everything is in working order ahead of the colder seasons allows time for any repairs to be made.

Check your boiler is working



Check pressure – this should be between 1 and 1.5 bar. If it's below 1, your radiators won't heat up properly. Top up the pressure until it reaches 1 bar.

Turn your heating on – check the boiler fires up correctly and radiators are warming up.

Locate your stopcock



Find your stopcock and check it works so you can turn the water off in an emergency until help arrives.

It's the little tap or lever on pipes, often found under your sink.

Locate isolation valves



Most sinks, baths, boilers and toilets have isolation valves that can be turned off in the event of a leak.

Find where these are so you know how to turn the water off.

Bleed your radiators



If your radiators are cold at the top when the heating is on, you may need to bleed them.

- Turn your heating off and let them cool down
- Have a cloth ready as a small amount of water may come from the bleed hole
- Insert the radiator key into the bleed valve, turn anti-clockwise and wait for a hissing sound
- Close the valve again when water starts to leak out
- Re-check your boiler pressure. If pressure has dropped, re-pressurise it again.

Going away

If you're going away over the colder months, you can put in place a few measures to reduce the risk of something going wrong:

- Ask a trusted friend or neighbour to look after your house keys when you are away so they can make checks on your home
- Leave your heating on low or to the frost setting. This will prevent your pipes from freezing and the subsequent defrosted water causing a burst pipe.

Test your oven



If you're hosting Christmas dinner, you'll want to check that you're able to cook it!

Turn your oven AND hobs on at the same to check everything is in working order.

When things go wrong

After doing checks, if you find something isn't working or needs fixing, please contact Pinnacle on 0800 031 8628. They will then book an appointment with DIO's maintenance contractors to resolve the issue.

Further information

For more winter advice, such as how to prevent condensation and how to respond to common boiler error codes / change pressure, please visit:

www.pinnacleservicefamilies.co.uk/winter-protection

Blossom Bridal with Men's Formal Hire



*1-2 Ramillies House OX18 3DW 01993 702-259
www.blossombridal.co.uk*

Blossom Bridal with Men's Formal Hire

Blossom Bridal and Men's Formal Hire is a Wedding and Occasion Wear store which specialises in its Men's Suit Hire, we also stock a wide selection in our bridal collections to fit all sizes.

As a part of our occasion wear, we also sell Prom/Evening gowns supplied to us by Prom Frocks.

We also retail a wide selection of Suits and men's wear.

Along with many different accessories to choose from to finish your bridal look.

We Do Not Hire Dresses

Formerly based in Witney, we have recently relocated to Carterton.

We offer a 10% discount for Military, first response, NHS and blue light card holders.

Refuse, Re-Use, Reduce

Say no to single-use plastic cups - bring your own mug.

Find innovative ways to replace single-use plastic in your everyday life.

If you have it already, why not re-use it or upcycle it?

Say no to bottled water - fill your own re-usable water bottle.



**Say Goodbye to
Single Use Plastic.**

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**ROYAL
AIR FORCE
Safety Centre**

LOCAL COMMUNITY INFORMATION

LOCAL AMENITIES - WASTE COLLECTION

All SFA/SSFA in Carterton have different weekly/fortnightly collection days, visit www.westoxon.gov.uk/ for specific collection days and to get your weekly reminders.

RECYCLING FACILITIES

Some facilities are located within the Stanmore Crescent car park.

To find a local recycling centre, please visit.

<https://www.oxfordshire.gov.uk/residents/environment-and-planning/waste-and-recycling>

Nearest household waste recycling Centre:

Dix Pit household Waste recycling Centre, Linch Hill, Stanton Harcourt, OX29 5BB

(Sat Nav use OX29 5UX) Opening hours please visit:

<https://www.oxfordshire.gov.uk/residents/environment-and-planning/waste-and-recycling/household-waste/household-waste-recycling-centres/dix-pit-recycling-centre>

THE FAMILIES CLUB

Located on Stanmore Crescent, Carterton, Oxfordshire, OX18 3UX.

The RAF Brize Norton Families' Club is an all-ranks social facility for use by Serving Personnel, their families, and RAF Brize Norton MOD Civil Servants and contractors. It has a competitively priced bar, enclosed playground (shared with MAC) and a large projector screen. It provides a variety of regular social events and a private hire facility with a bar. For opening times or bookings contact bnz-familiesclubbookings@mod.gov.uk or visit their Facebook page.



RAF Brize Norton's Families Club.

Open Thursday – Sunday; check the Families Club Facebook for correct opening hours



THE MILLENNIUM AMENITIES CENTRE (MAC)

Located on Stanmore Crescent, Carterton, Oxfordshire, OX18 3UX

The MAC provides a large selection of community activities and clubs for children and adults. Private hire is available. For bookings email bnz-mac-bookingcoord@mod.gov.uk

THRIFT SHOP

Situated at Ely Close, Family Centre, 1st floor.

Opening hours: Tues, Thurs and Sat 0900-1400hrs and Wed 1700-2030hr.

CLUBS, SPORTS AND COMMITTEES

There are many clubs, sports and committees to get involved with ranging from Charities Committee, Cricket, Wargaming to Theatre Club. For information contact HIVE, Community Support or the Clubs and Sports page on RAF Brize Norton Sharepoint.

Facility	Contact Details
Post Office Post Office, Asda	3 Black Bourton Road Carterton OX18 3HQ Mon - Fri 8.30am - 6pm Sat 8.30am - 3pm Sun Closed
Petrol Station Asda BP	3 Black Bourton Road Carterton OX18 3HQ 24hrs Carterton Road OX18 3YL 01993 840022 24hrs
Vets Medivet Carterton - Jacksons Vets Tremain Veterinary Group Carterton Veterinary Surgery	41 Alvescot Road OX18 3JN 01993 842717 17 Alvescot Road OX18 3JL 01993 845808 Broadshires Way OX18 1UN 01993 764262
Pharmacy Broadshires Health Centre Lloyds Pharmacy	Broadshires Way OX18 1JA 01993 867147 7 Burford Road OX18 3AG 01993 842572

Facility	Contact Details
Cashpoints Aldi (inside shop) - Free Asda (outside shop) - Free BP petrol station/Convenience Store The Co-operative, Shilton Park	Alvescot Road, Carterton, OX18 3JH Brize Norton Road, OX18 3HQ Carterton Road, Carterton, OX18 3YL 1-3 Marigold Square, Shilton Park, OX18 1AQ
Supermarkets Morrisons Aldi Asda The Co-operative, Shilton Park	Black Bourton Road, OX18 3HQ, 01993 627728 Alvescot Road, OX18 3JH, 0800 0420800 Brize Norton Road, OX18 3HQ 1-3 Marigold Square, Shilton Park, OX18 1AQ
Library Provides adult and children's books, audiobooks, computers and printing, free wi-fi, photocopier and ad/hoc children's activities.	Carterton Library, 6 Alvescot Road, OX18 3JH 01993 841492 carterton.library@oxfordshire.gov.uk
Carterton Family Centre Refurbished in 2020, CFC offer activities and services to parents of babies and toddlers in addition to hosting a range of community activities. Available for room hire and parties.	Allendale Centre, 8 Burford Road, OX18 3AA info@cartertonfamilycentre.com
Hairdressers/Barbers	Hair Force Barbers, RAF Brize Norton (behind Common Room), 01993897295. Various hairdressers in Carterton. Closest hairdresser specialising in Afro-Caribbean hair is Prestige Salon in Abingdon.
Churches	St John's Church Carterton – offers monthly Messy Church.
Places to visit / of interest For families, 'Networking the Toddlers of Carterton' is a Facebook page which shares local activities and events.	<ul style="list-style-type: none"> • Cotswold Wildlife Park – 7.4mi • Wychwood Wild Garden – 9.4 mi • Crocodile of the World – 1.9mi • Blenheim Palace – 15mi • Witney Lake and Country Park – 4.7mi • Didcot Railway Centre – 18mi • Birdland Park and Gardens – 11mi • Bicester Village shopping – 24mi • Lydiard Park – 19mi • Farringdon Folly Tower – 9.4mi • Pitt Rivers Museum – 18mi • Story Museum – 18mi

RAF Brize Norton/HIVE/Community Support cannot accept liability for the accuracy of information provided by external agencies nor does the inclusion of this information endorse the quality or reliability of goods and services displayed.

CARTERTON



- Aldi
- Morrison's
- Asda Self Service Garage
- Bus Stop
- Asda (Including Post Office)
- Back Gate RAF Brize Norton

At the main exit to RAF Brize Norton turn right for BP Petrol Station with convenience store which is open 24/7.



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*Trustpilot rating correct as of 09/10/2023. Howden is a trading name of A-Plan Holdings which is authorised and regulated by the Financial Conduct Authority No. 310164. Registered in England and Wales under company registration number 750484. Registered Office: 2 Des Roches Square, Witney, OX28 4LE. Calls may be monitored and recorded for quality assurance purposes. HOW231117.



Howden is the new name for A-Plan. We may have a new name, but the quality of our service and commitment to our clients remains the same.

We at Howden Carterton are proud of what we've managed to achieve over the years, and not just on a national scale, but also throughout local communities across the UK.

Whether it be supporting local charities or participating in community events, our team knows how important it is that we fully integrate ourselves within the areas surrounding our Howden branches.

We also know how valuable face-to-face interactions and conversation are to our clients, as our world becomes more and more digital every day. That's why we encourage you to visit your local branch and talk to a member of our team of insurance experts, who's goal is to get to know you and learn exactly what you want from your insurance policy.

01993 841 841

howdeninsurance.co.uk/carterton

DISABILITIES

ADULTS

DANCE

GYMNASTICS

CHEERLEADING

PRESCHOOL

The Vault

The Vault is a purpose built gymnastics and dance centre in the heart of Carterton

Here for every member of the community, we offer a friendly, inclusive environment with a family feel for all our members. We are here to support and develop members to achieve and succeed with their own goals.

We are fully equipped with women's and men's, apparatus and qualified coaches and instructors.

We offer plenty of parking and a warm inviting café area where you can watch the classes. Classes available to start now!!!!

HOME TO

Carterton Gymnastic Club CIC
AttitudeDance Academy
The Diamonds Cheerleading Teams

01993 870778
WWW.CARTERTONGYM.COM

Join Active
Modern Inclusive
& developing You

British
Gymnastics

Affiliated with
The British Gymnastics Federation

We are a local Trust giving small grants to anyone who lives, works or was educated in the town of Carterton, for any educational or sporting purpose.

Our meetings take place four times a year, usually in January, May, July and October, and grant applications are considered at every meeting.

Please go to our website – www.cartertoneducationaltrust.weebly.com for contact details and application forms.



Carterton Educational Trust

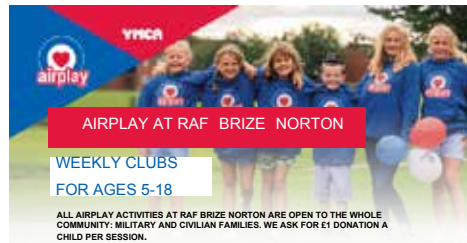
LOCAL YOUTH ACTIVITIES

Girl Guides, Rainbows and Brownies
<https://www.oxfordshiregirlguiding.org.uk>

Scouts, Beavers and Cubs
<https://www.westoxfordshirescouts.org.uk>

Air Cadets
2267 Brize Norton Air Cadets
www.brizenortonaircadets.org.uk
Tuesday and Thursday 1900 – 2130

Airplay and Ben Club
Airplay and Ben Club



Weekly activity groups for ages 5-18 funded by the RAF Benevolent Fund.



REVENUE	JUNIORS	INTERMEDIATE	SENIORS
AGE 5 – YEAR 2.	YEAR 3 – YEAR 5.	Year 6 and 7.	YEAR 8+
MONDAYS 4PM – 5:30PM. THE ALLANDALE, BURFORD ROAD, CARTERTON, OX18 3AA. TERM TIME ONLY.	MONDAYS 5:30PM – 7PM THE ALLANDALE, BURFORD ROAD, CARTERTON, OX18 3AA. TERM TIME ONLY.	WEDNESDAYS 6PM – 8PM. THE ALLANDALE, BURFORD ROAD, CARTERTON, OX18 3AA. TERM TIME ONLY.	THURSDAYS 6:30PM – 8:30PM THE FLAT, ELY CLOSE, CARTERTON, OX18 3UJ.


For more information please email Aylella.parry@oneymca.org

RAF Brize Norton HIVE holds more information on Leisure facilities and Clubs, Children's Activities etc, please contact the HIVE Information Officer: on 01993 895349 Ext 5349 for further details or email. BZN-HIVEinfo@mod.gov.uk

JUNIOR RANKS WELFARE FUND (JRWF)

The JRWF is a corporate body that organises, through a committee, all activities at Unit level of a welfare and amenity nature for personnel of the rank of Cpl and below.

The JRWF are always looking for representatives of each section to spread the word of the Committee's Business. We hold a meeting on the last Wednesday of each month in the Sports and Social Bar. Please visit the Junior Ranks Welfare Fund SharePoint page found on the RAF Brize Norton Home Page under the Community tab at the top: Junior Ranks Welfare Fund (sharepoint.com)



**Military
MAGS**

A hand holding a smartphone displaying the Military MAGS app interface. Below the phone are two magazine covers: 'LZ LANDING ZONE' featuring a desert landscape and 'THE EAGLE' featuring a soldier in camouflage.

www.militarymags.co.uk



**RAF
MAGS**

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A hand holding a smartphone displaying the RAF MAGS app interface. Below the phone are two magazine covers: 'INSIGHT' featuring a military aircraft and 'Wittering View' featuring a soldier in camouflage.

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who defend us at home and abroad*

www.rafmags.co.uk



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Or email **wallisfarming@gmail.com**

www.westoxonstorage.co.uk

Manor Farm, Black Bouton, Bampton. OX18 2PD



Exciting plans in store – Local farmer creates new storage facility for RAF community



In the quiet village of Black Bourton, nestled alongside RAF Brize Norton, farmer Brain Wallis is breaking new ground in diversification. His latest endeavour, West Oxfordshire Storage, is set to redefine the storage landscape for the RAF community.

Converting a redundant grain barn into a secure vehicle and container storage units, Wallis aims to provide a solution tailored to the servicemen's needs. Located just five minutes from Carterton and RAF Brize Norton, the facility boasts easy accessibility and a competitive pricing structure – for both car and container storage.

Emphasising practicality, Wallis offers an affordable choice for servicemen seeking hassle-free self-storage. Brian said, "Security is paramount, with the premises equipped with 24/7 CCTV surveillance – assuring that affordability doesn't compromise security. We hope to present a compelling option for military personnel in need of reliable vehicle and container storage."



Carterton

COMMUNITY COLLEGE

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heart of the community*

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Contact us for more details.*

www.cartertoncc.oxon.sch.uk



RAF Brize Norton Welfare VW Camper Vans

As the VW Campervans are funded by the JRWF, bookings for SNCOs and Officers can only be confirmed no more than 6 months in advance. Junior Ranks take priority over all bookings.

The JRWF VW Campervan Committee is proud to announce the purchase of a second fully converted VW Transporter Campervan and is now available to Hire.

This New Black Campervan will be prioritised to JNCOs and below at RAF Brize Norton. The Blue VW California Campervan is also available to book by any Rank, including Civilian Staff at RAF Brize Norton .

Further information can be found on the Junior Ranks Welfare Fund Sharepoint page.



RAF BRIZE NORTON SPORTS BAR

A welfare facility that trades under the JRWF.

We are open every Thursday from 1900-2300hrs, next to the hairdressers, behind the Common Room.

You can book the Sports Bar, free of charge, for any type of function, event, presentation night, party or occasion.

To book the Sports Bar, please contact the OIC directly via email or leave a comment at the bottom of the SharePoint page.

Find us on Instagram: [@rafbrizenorton_sportsbar](#)



RAF BRIZE NORTON'S ASTRA BOWL

RAF Brize Norton's Astra Bowl is the largest bowling alley in the RAF and is established as a major welfare amenity for all service personnel especially those who are either posted to or attached to RAF Brize Norton. The 'Bowl' is headed by a dedicated team supported by two civilian managers who run the bowl on a day to day basis.

The bowl is funded using income from its very popular snack bar, its licensed bar and of course from our many supportive members and visitors bowling spares and strikes! If you require a fun bowling event we can offer special deals for sections, sqn's or wings who wish to bowl either in the day, evenings or at weekends subject to lane availability. For the kids; we can also host bowling birthday parties.



Please visit the [Junior Ranks Welfare Fund SharePoint page](#) which can be found on the [RAF Brize Norton SharePoint Page](#) under the **Community tab at the top.**



FREE LEGAL CLINICS

Our lawyers can support you with any legal query, drawing on their own military experiences.

**Divorce, Finances and Children
Employment Law
Moving Home
Service Complaints, Disciplinary Issues &
Administrative Actions
Wills, Probate & Estate Planning**

Legal clinics are held at Brize Norton every other Wednesday. Contact Community Support Ext 7464 to book.

Wittas House, Two Rivers, Station Lane, Witney, OX28 4BH

01993 670944

www.parkerbullen.com

**PARKER
BULLEN**
SOLICITORS

At Parker Bullen LLP, we are proud to be your dedicated and experienced law firm, serving the community in Witney, Oxford, and beyond. With a rich history of offering high-quality legal services, we have built a strong presence in the region since opening our Witney office in 2022, working closely with the businesses, individuals, families and military personnel who live and work in the area, supporting them with expert legal advice and giving back where we can.

We are lucky to have a team of exceptional legal professionals available from our Witney office, all of whom have a deep understanding of military life. Sarah Dureau, Partner in the firm, has served in the Armed Forces and worked within the Ministry of Defence, providing her with a unique insight that enables her to appreciate the nuances of military life and the experiences you will be facing. Sarah's expertise ranges from family matters, including divorce or separation, through to service matters, such as Service Complaints, disciplinary issues and Administrative Actions as well as civil disputes and Employment Law.

Terri Anson-Dean, Associate in the firm, has over 20 years' experience supporting her clients with divorce or separation matters, advising on arrangements regarding finances or children, as

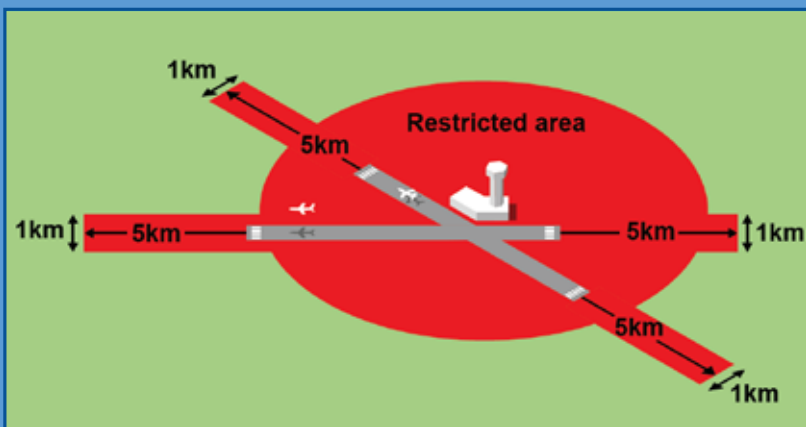
well as alternative dispute resolution.

We recognise the importance of supporting the Brize Norton community and have taken a proactive step to ensure the best legal advice is accessible to those serving and their families. To extend our commitment to our military neighbours, we run free legal clinics every other Wednesday at the Community Centre (Hive). These clinics are exclusively designed to assist Brize Norton personnel with a wide range of legal matters, ensuring you receive the expert guidance you deserve.

Our legal clinics cover a spectrum of legal areas, including Family Law, Wills, Probate and Estate Planning, Conveyancing and moving home, Employment Law and Service Matters including Complaints, Administrative Action and Discipline or any matter arising from your service, and much more.

If you are a part of the Brize Norton community and require legal advice, we invite you to join us at our free legal clinics every other Wednesday. To book your appointment with Sarah or Terri, contact Community Support Ext 7464. To attend our legal clinic in Shrivenham, which is held every other Thursday at the Jubilee Centre, contact us on 01993 670944 or email info@parkerbullen.com.

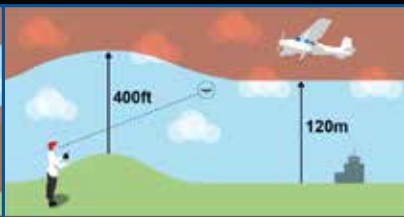
DRONE HAZARD AWARENESS



Never fly in an airport's flight restriction zone.
For further info, see: dronesafe.uk/restrictions/



Always keep your drone or model aircraft in direct sight.



Never fly more than 400ft (120m) above the surface and stay well away from aircraft, airports and airfields.

Report sightings ivo Brize Norton to ATC immediately

What is it?
Where is it?
What is it doing?
What have you done about it?

REPORT IT!

ATC: 01993 893333





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Call 0151 363 5290
Visit forcesmutual.org/car

Lines are open: Mon - Fri 9am - 5pm.

Forces Mutual Car Insurance is provided by Royal & Sun Alliance Insurance Ltd.



*The 10% discount is available online only. It is applied to the basic premium when you buy a new car insurance policy. The discount is not available on optional extras and minimum premiums apply. The discount will be automatically applied to your quote. The offer applies to new car insurance policies purchased online. The discount can be withdrawn at any time and is provided by Royal & Sun Alliance Insurance Ltd.

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ADV CI P 0078 Lance H 1123

TRAVEL

ROAD

RAF Brize Norton is between Brize Norton village and Carterton town, south of the M40, about 22 miles West of Oxford.



Stagecoach

01865 772250

www.stagecoachbus.com

RAIL

The nearest railway stations are Oxford, Oxford Parkway and Swindon.



National Rail Enquiries

08457 484950

Visit <https://www.nationalrail.co.uk/> or telephone 08457 484950 for journey times.

TAXIS THAT COME ONTO CAMP

For taxi companies authorised to enter RAF Brize Norton please visit

<https://www.raf.mod.uk/our-organisation/stations/raf-brize-norton/passenger-info/>

HIRE CARS

The hire car collection and drop off point is located just outside the main gate of RAF Brize Norton at the hire car carpark. A shuttle service is provided from the hire car carpark to and from the Air Terminal. Please note, hire cars are not allowed access to the Station.



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ROYAL
AIR FORCE
BRIZE NORTON

Emergency Instructions Guidance

In a major emergency involving RAF Brize Norton, if you are not involved in the incident, but are close by or believe you may be in danger, follow Government advice and:



GO IN to a safe building.

STAY IN until you are advised to do otherwise.

TUNE IN to local TV or radio for more information.

- Go immediately into a house or building.
- Close all external doors, turn off ventilation systems.
- Close all windows and curtains.
- Close all internal doors and go to a room facing away from RAF Brize Norton.

STAY Remain indoors until you receive instructions from the police.

TUNE your radio to the local radio stations (BBC Radio Oxford 95.2 FM & JACK 106.4 FM) or tune into BFBS Brize Norton on local DAB.

Resist the urge to use your mobile or landline telephones, **unless it is an emergency**, as doing so may cause congestion of the telephone networks.

PLEASE CO-OPERATE FULLY WITH INSTRUCTIONS GIVEN BY THE EMERGENCY SERVICES.

This leaflet is produced in accordance with the MOD Major Accident Control Regulations to advise you what to do in the unlikely event of a major accident occurring within RAF Brize Norton that could affect you.

Please read this carefully and follow the instructions given if the warning is implemented.

Householders are advised to ensure that all occupants understand the instructions. Responsible persons in business or community premises should also be familiar with the actions required to enable them to instruct occupants in the event of a major accident.

This leaflet should be kept in an accessible place and passed on to subsequent occupiers. It should be prominently displayed in business or community premises. Additional copies may be obtained from the **RAF BZN Safety, Health and Environmental Protection Office – 01993 897160**.

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Social Media is Changing the Face of Defence

Social media has helped the world gain a greater understanding of the role of the UK Armed Forces. Many people across the military use social media, and it can have a positive effect in raising awareness across the globe.

The use of social media is allowed and, when used appropriately, is encouraged. You do not "have" to use social media.

The issue we face is not why or how we use social media, but how well we use it.

This guide tells you what is and isn't acceptable behaviour for military personnel on social media.

For information on how to use these channels and, in particular, how to fix your personal security settings, visit www.blogs.mod.uk/onlinesecurity



Do you know when you have crossed the line?

- What if this ends up on the front page of the papers?
- Would I say this to my CO in front of 100 people?
- Would I leave this information lying on a park bench?
- What if a terrorist or criminal gets this information?

What you say online stays online. Forever.

Your Account Security

Think about who can see your account. Security settings can be adjusted on all major social media networks. Do not post personal details such as your address, telephone number, bank details etc. These may make you, your friends and family a target.

Without the right security settings in place you are opening up anything you post to everyone - from journalists to criminals or terrorists.

It may not just be friends and family reading your status updates.

Acceptable Behaviour

All Defence personnel follow the **core values** of their Service or organisation. We should be honest, objective and act with integrity at all times.

Offline or online, on duty or off duty, we should always behave in a lawful, appropriate and professional manner, wherever we are in the world.

Using Social Media...

There are several ways we can use social media. Whatever context, you are an **ambassador** for Defence.

...in a Personal Context

If you share photos of yourself (and mates) in uniform, refer to your Service or organisation (by insignia, flash or logo), it will be obvious you are a member of the Armed Forces or a Defence civil servant. People will relate what you say to your Service, even if you state your opinions are your own.

Make sure your family and friends are also aware of the risks. It is not only you who can share sensitive information.

How personal do you want your profile to be?

...in a Professional Context

In social media this refers to speaking through an official corporate presence, for example your unit, your Service or Defence. You could be the person who posts something on behalf of your unit or Service.

All material must be cleared in advance before it becomes a public record and must therefore be in line with what your Service or unit is trying to achieve.

...in a Sponsored Context

Speaking in a sponsored context means being a representative speaking through an official channel. You can post as yourself but must have support of your Service or Defence. Speak to your unit commander and unit press officer/local security staff who will advise you on what to do, e.g. create a blog.

GREEN

There are many things that you can share on social media. However, you should:

- ✓ Be aware of **who can see your account**. Are your settings set to 'private'? Is your content proper?
- ✓ Be **polite, constructive and honest**. Be a credit to your Service.
- ✓ Be sure you know the difference between **fact and opinion**.
- ✓ Be quick to refer to official channels or spokespeople about official matters.
- ✓ Be sure to **protect the privacy of your family and friends** as carefully as your own.
- ✓ Be aware that **quality is more important** than quantity. It's better to have fewer, good-quality articles and posts than lots of bad ones.
- ✓ Be aware of the **policies** set out by your own Service.

It may not just be friends and family reading your status updates.

The use of social media is allowed and, when used appropriately, is encouraged.

The issue is not why or how we use social media but **how well** we use it.

This guide tells you what is and isn't acceptable social media behaviour for military personnel.



AMBER

Always seek permission if your post may:

- △ Relate to **operations** or **deployments**.
- △ Seem to offer **opinion** on Defence and Armed Forces activity. Stay in your lane.
- △ Be **mis-interpreted** as speaking, on behalf of your Service or the MOD.
- △ Relate to **controversial, sensitive** or **political** matters.



Mark Taylor

Gotta be smart for VVIP visit tomorrow. Bastion's never looked so tidy

Like · Comment · 2 hours ago near Camp Bastion

Terry White likes this.



Greg Hall Are you up for a medal or something?

3 hours ago · Like



Ministry of Defence

Share?

A guide to social media behaviour for personnel

Any Questions?

Here's where to go for more information.

Who

Directorate Media and Communication

DMC-
SecOnlineEngagement@
mod.uk

Where

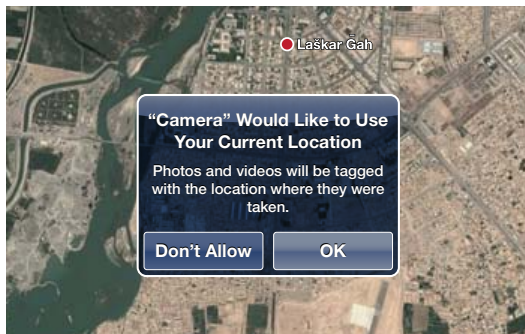
[www.blogs.mod.uk/
onlinesecurity](http://www.blogs.mod.uk/onlinesecurity)

Search 'Security Awareness Resources' on Defence Intranet

RED

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The Bureau 4 Mortgage Advice is a locally based Mortgage Brokerage offering mortgage and protection advice, that firmly believes that “Mortgage Advice Starts with A Trusted Relationship.”

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MK Mortgages is a fee-free* service for anyone looking for mortgage advice that gets straight to the point! Founder Marc Kavanagh is an ex-military man himself and so is uniquely positioned to help you with your mortgage queries and applications.

Marc has supported many service families with mortgages in this country while posted abroad, repatriation into a new home and finding a mortgage while exiting the military.

These are some of the most common questions about mortgages from people in the armed forces:

- What happens when I get posted overseas?
- How do I buy a house if I'm posted away?
- Can I rent my house out while I'm on deployment?
- Can I use my Forces Help to Buy Scheme?
- Are there lenders that specifically help RAF personnel?

Want answers to these, or any of your own questions? Appointments with Marc can be on the phone, online or face to face, in or around the Brize Norton area. Call MK Mortgages today for no-nonsense mortgage advice.

*The lender commission that all mortgage advisers receive covers all MK Mortgages' costs and so our clients are never charged a fee.

Stay Safe from Fire

By following the simple advice contained in this leaflet you can help to reduce the risk of having a fire in your home. Spare a thought for elderly relatives, friends and neighbours too. Are they as safe from fire as they could be?

Candle Safety

- ✓ Never leave a candle unattended and remember to extinguish it before you go to sleep.
- ✓ Make sure the candle is standing up straight and is fixed firmly in a proper holder so that it can't fall over. Scented candles turn to liquid in order to release their fragrance, so always burn them in a suitable glass or metal container that can withstand the heat of the liquid and that the liquid cannot lead from.
- ✓ Always place candles on a heat-resistant surface. Night lights and tea lights can melt plastic surfaces, such as the top of a TV and the side of a bath tub.
- ✓ Keep out of draughts, blowing curtains and sources of heat or direct sunlight.
- ✓ Always leave at least 10cm (4 inches) between two candles and never place them under shelves or other surfaces.
- ✓ Extinguish the candle before it burns into the holder.
- ✓ Burn all candles well out of the reach of children and pets.
- ✓ Always put candles out before you move them. Using a 'snuffer' or a spoon is safer than blowing them out, which can send sparks and hot wax flying.
- ✓ Consider an extra smoke alarm in the rooms that candles are burnt in.
- ✗ Outdoor candles should never be used indoors.
- ✗ Don't lean across a candle – you could set your hair or clothes on fire.
- ✗ Don't play with candles for example, by putting matchsticks or anything else into the hot wax.



Heaters

Always position heaters so the back is against a wall and they're facing the room. If possible, secure them to the wall to prevent them from falling over.

Switch heaters off if you're not in the room and also when you go to bed.

Portable gas heaters should have the cylinders stored and changed outside or in a well ventilated atmosphere.

Both gas and paraffin heaters should only be used in a well ventilated area. They consume oxygen from the atmosphere and can cause death by asphyxiation (suffocation), if not adequately ventilated.

Don't place heaters near curtains or furnishings and never use them for drying clothes.



Cooking Safety

In the event of a power cut or failure of your fuel supply, make sure any alternative cooking equipment to be used is working properly and safely before use.

- ✓ Clothing and tea towels should be kept away from the cooker.
- ✓ Keep electrical leads away from the cooker and from water.
- ✓ If deep fat frying, never fill the pan more than one third full. You are heating oil to extremely high temperatures – ideal conditions for a fire.
- ✓ If a pan catches fire, don't take risks – get everyone out of your home and call the Fire and Rescue Service.
- ✓ Turn off the heat under the pan if it's safe to do so and allow it to cool completely
- ✗ Don't leave pans on the hob when you're not around. Take them off the heat if you have to leave the kitchen.
- ✗ Don't move the pan and never throw water over it.



Chimneys

- ✓ Sweep the chimney before use if you haven't used it for sometime.
- ✓ Sweep at least once a year if you burn coal or at least twice a year if you burn logs.
- ✓ Always keep a fire guard in front of a burning fire.
- ✓ Extinguish the fire before going to bed or leaving the house.
- ✗ Never use petrol or paraffin to light your fire.



Electric Blankets

If a blanket has scorch marks or exposed elements, it should not be used. Over blankets are designed to be left switched on, whilst under blankets must be switched off before getting into bed.

- ✓ If your blanket is more than 10 years old or if it shows signs of wear and tear, the best advice is to get a new one.
- ✓ When buying a new electric blanket, ensure it has 'overheat protection', which will cut off the electricity if it becomes too hot.
- ✓ Electric blankets should carry the British Standard Kitemark and the British Electrotechnical Approvals Board (BEAB) symbol on them.
- ✓ Have your blanket checked by an expert once every three years or as recommended by the manufacturer.
- ✗ Don't fold electric blankets. Protect the wiring inside them by storing them flat or rolled up.
- ✗ Don't leave an electric blanket switched on all night, unless it is thermostatically controlled so it can be used all night.
- ✗ Never use hot water bottles in the same bed as an electric blanket, even if the blanket is switched off.



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Children particularly love seeing the animals, exploring the woodland adventure play area and discovering wildlife in the meadows with a Cogges tracker pack. Hungry tummies can be refuelled in the rustic Cogges Kitchen café or there's a designated picnic area.

Cogges also plays host to many special events throughout the year, ranging from outdoor theatre, craft fairs and the Witch's House to weddings, adult learning workshops and extra family activities in the school holidays.

Fans of Downton Abbey may be interested to know Cogges is the home of Yew Tree Farm and Mr Drewe, the tenant farmer. Cogges has also featured in the 2019 film *Colette*, starring Keira Knightley and Dominic West about the French author Sidonie-Gabrielle Colette.

Cogges is an easy ten-minute walk from the centre of Witney, or you can park in their free carpark (postcode OX28 3FR). Come for the day or buy an annual season ticket and come as often as you want!

Find out more and check opening times at
cogges.org.uk

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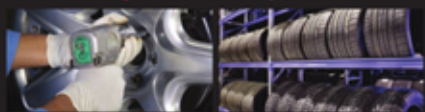
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Jobcentre Plus/Jobseekers Direct can be found at: 0845 606 0234 or www.gov.uk/browse/working/finding-job

THE RAF BRIZE NORTON COWORKING HUB TEAM

Brize Norton Co-working Hub, for further information contact coworkingbrize@gmail.com or The RAF Brize Norton Coworking Hub team facebook.com/brizecoworking/

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The use of Service Families Accommodation (SFA) for a business or commercial activity e.g. Internet and home working, mail order catalogue, cosmetic representative, registered child minding ; please email Pinnacle to request permission to run business from SFA; HomeServices@pinnacleservicefamilies.co.uk

Please be aware that some businesses will also require the permission of the Local Authority and you may need to meet certain criteria, such as hygiene requirements for food based businesses.

Further information can be obtained from the Service Community Support Officer (SCSO) by dialling 0300 154 8058 or 07825 923327

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Bolt Burdon Kemp solicitors are pleased to contribute to the 2024 RAF Brize Norton handbook and wish all Service personnel and their loved ones a prosperous and peaceful year ahead.

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